

DISCOVER THE WORLD OF PAN TERRA

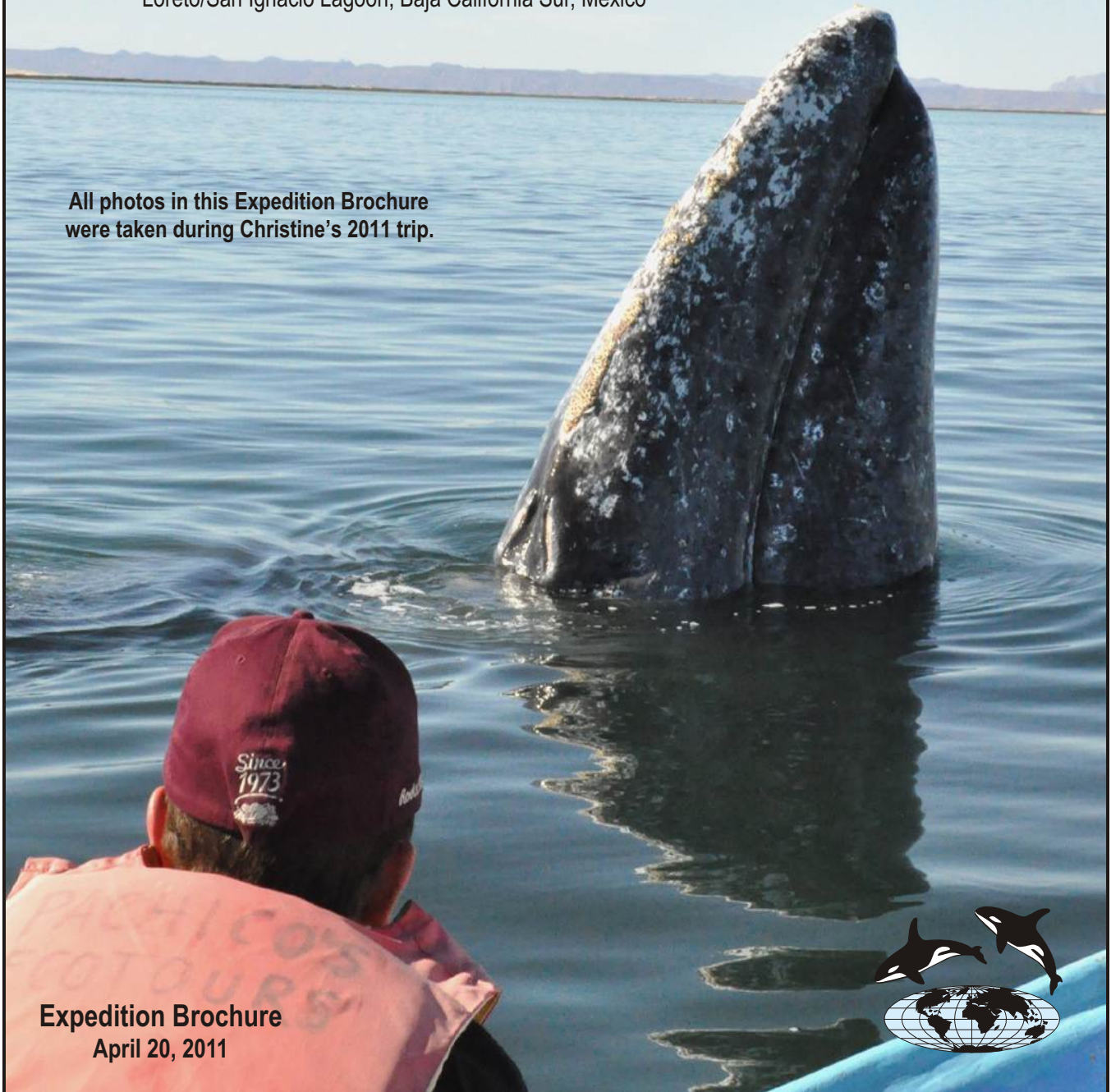


Christine Amala Hayes and Panterra present:

**Expedition to the Gray Whale  
Sanctuary of San Ignacio Lagoon**

8 Day Expedition - Feb. 19 - 26, 2012  
Loreto/San Ignacio Lagoon, Baja California Sur, Mexico

All photos in this Expedition Brochure  
were taken during Christine's 2011 trip.



Expedition Brochure  
April 20, 2011

## The MAGIC and MYSTERY of the GRAY WHALE

Join us on this magical expedition to the gray whale sanctuary at San Ignacio, BCS, Mexico. Our hosts at the lagoon have been members of the community for many generations and referred to as "the guardians of the whales and the lagoon". They will take us on the mysterious journey into the life of the gray whales, giving us an up close and personal view. It is an experience like no other.

San Ignacio Lagoon is one of three lagoons, in the Baja, to which the gray whales make their annual migration to breed and give birth. At San Ignacio in the shallowest parts of the lagoon, the calves are born, take their first breaths, eat their first meals and learn to use their awkward tails. In the deepest parts of the lagoon, males and females congregate to mate and new mothers swim with their calves, preparing them for the long journey north to the summer feeding grounds in the arctic.

San Ignacio Lagoon is world renowned for gray whale interactions with humans. It is the last and only undeveloped nursery and breeding ground in the world of the Pacific Gray Whales.



Male and female hanging vertically in the water during a moment of courtship.

## CHRISTINE AMALA - YOUR SPIRITUAL GUIDE



**Christine Amala Hayes** is a gifted psychic-channel and healer, she works with the Mother Whales and connects deeply with these beautiful creatures. Her Mother Whale Codes, a beautifully created set of mandala's, work with the chakra column during guided meditation, and combined with her whale toning, have become her signature and many know her as simply as "The Whale Lady".

The Mother Whale Codes were created by Christine Amala during her one year program of study with the GAIA Sacred Mystery School held in New Zealand. The codes when used in meditation are deceptively simple, yet powerful beyond words bringing about change in profoundly subtle spiritual ways. They help us to create a clear and grounded column of light that connects us to both Heaven and Earth, allowing for clear communication to be received from the higher sources.

Christine Amala loves to work spontaneously and in the moment and is often known to just stop and channel a message for you right there and then. The focus of our visit to the "Pools of Creation", San Ignacio Lagoon, Mexico, will be connecting deeply with the water spirits and the Whales, working with the principles of Dr. Emoto that what we offer to the water here will be a blessing for all water on Earth. The week will be full of moments and memories, you will certainly not go home the same.

All of those who have journeyed with Christine on other adventures comment on how they have been changed forever by the experiences that they have had. Watch what others have said @ <http://www.christinehayes.net/video-feedback-of-trip>. Known for her clarity, compassion and caring, Christine Amala uses her balanced outlook, counseling and channelling skills to guide clients in this highly competitive world. Former Director of Hong Kong's premier Holistic & Spiritual Center, "The New Age Shop" Christine Amala created a strong community and thriving business that continues today and which she continues to serve as a regular visitor. She is a visiting practitioner at the Luxurious Sixth Sense Destination Spa, Phuket, Thailand. She is a co-host on popular bi-monthly radio program Truth-Walk. Christine Amala has become a World Traveller, building her own client base in South Africa, Canada, USA, Hong Kong, Thailand, New Zealand, Australia and her homeland the UK.  
[www.truth-talk.com](http://www.truth-talk.com)

## TRIP INFORMATION

### Itinerary:

#### Day 1: Arriving in Loreto

- Once you have landed in Loreto you will be greeted by the Panterra staff and escorted to the Oasis Hotel in the quaint, beautiful town of Loreto where we will spend the first evening.

#### Day 2: Arriving at San Ignacio Lagoon

- After an early breakfast, we will depart for the lagoon, arriving just in time for a beautiful fresh seafood lunch.
- Once settled into our rustic, charming eco-accommodations, we will head out into the lagoon for our first encounter with the gray whales.
- A "Whale Toning Ceremony" will be held.
- Enjoy late afternoon drinks followed by dinner.
- Then, imagine your first night, the sounds of breathing whales and yipping coyotes, the feel of the ocean breeze, all set into a clear starry night.
- This ends your first full day in Mexico

#### Day 3 - 5: In the Company of the Great Whales

- For the next three days you will be lost in the spiritual energy of the lagoon; the mangroves, the beaches and, of course, the amazing life in the sanctuary to include the whales, dolphins, birds, coyotes and humans.
- With all of this in place, it sets the stage for Christine to guide and advise as the group shares their experiences with each other.

#### Day 6: Leaving the Lagoon for Loreto

- After breakfast we will head out into the lagoon for the last encounter with the whales.
- Upon return we will pack our gear, have lunch and depart for Loreto.
- The next 2 nights will be spent at the Oasis Hotel.

#### Day 7: A Day in Loreto

- The day is yours to stroll, shop & explore the town of Loreto. You may even want to take in a side tour.

#### Day 8: Heading Home

- Around midday we will depart for the Loreto International Airport where we sadly say goodbye thus ending an amazing journey with the gray whales.

### Air and Ground Transportation:

Alaska Airlines flies into Loreto from Vancouver/Los Angeles and is the recommended airline of Panterra. If you are traveling with a non Canadian or non US passport please check with your consulate to insure you have the necessary paperwork for entry into Canada, US (transit only) and Mexico.

Inflight services such as food and alcohol beverages have to be paid by credit card or debit card as the airline does not accept cash. There is also a baggage fee charge. Please check with the airline.

The ground transportation is by comfortable 14 pax vans and will be arranged by Panterra.



Imagine touching a gray whale!



White Ibis in the canopy of the mangrove.



Dolphins can often be found feeding in the lagoon.

### **Air and Ground Transportation continued:**

We highly recommend that participants purchase trip cancellation insurance, in the event of unexpected cancellations. We also recommend that you have adequate medical insurance to cover any unforeseen situations that may arise.

\* **Please Note:** Early booking is advised as 50% of the participants from last year have rebooked. As well, flights into Loreto are very limited.

### **The Eco-Camp:**

The eco-camp accommodations is rustic, charming and simple in design. The camp accommodates 10 guests in 5 Cabanas with double occupancy of 2 single beds. Bedding, linens and blankets are supplied. The camp has been designed with minimal impact on the environment but keeps in mind the need for creature comforts. There is a main tent/building that the group will meet for meals, drinks, and get together.

At night, if it is not too windy, you can hear the yipping coyotes and the blows of the whales.

The cooks create fresh local dishes which includes seafood from the lagoon, and fresh chicken, fruits and vegetables from the local farmers.

Composting toilets and overhead showers (solar showers) ensure that you'll feel appropriately Baja without harm to the environment.

The pangas (boats) used for whale encounters are 22+' with a max. capacity of 8 passengers, however, 6 passengers are preferred to maximize comfort for the passengers and ease of accessing the whales. Pangas are equipped with all the required safety equipment.

### **Climate:**

The weather in the Baja is unpredictable. However, one can expect sun, wind and cool temperatures. Because we are on the Pacific side, a little wilder and colder than the Sea of Cortez, it is highly recommended that participants bring warm clothing to include a waterproof/windproof shell to put over a sweater and turtleneck or warm base layer. Throughout the day you will find yourself putting on and peeling off clothing.

We will be visiting the whales by panga between 10:00 am and 2:30/3:00 pm. Air temperatures in February range from 85F during the day to 50F during the evening (great sleeping weather). You'll want to be wearing shorts and a sun hat, with appropriate sun screen during the day, and a thick fleece or sweatshirt at night to ward off the chill, allowing you to enjoy the evenings. A layered wardrobe is highly recommended. Do not underestimate your clothing needs!

### **The Panterra Staff:**

While this trip is under the leadership of Christine Amala Hayes the Panterra staff, Lela Sankeralli and Stasia Ferbey, bring to the expedition a science based educational component with 30 years of combined experience in teaching marine sciences, natural history and astronomy in the Baja. Working with Christine, as a team, will allow us the opportunity to offer the group an impressive realm of experiences and knowledge.

Panterra's involvement in the expedition is that of logistics over-seeing the operational aspect of the trip allowing Christine to be free to work with the group.



The camp as the sun sets.



Time spent sharing stories and experience from the days adventure.



Inside the Konga.



Don't ask but this is Lela and Stasia hard at work. Honestly!!!.

## Expedition Includes:

- Ground transportation while in Mexico
- All meals (with the exception of meals during the hotel stay), accommodations and tourism fees

## Expedition DOES NOT Include:

- Airfare
- Service provider gratuities
- Medical/Travel Cancellation/Interruption Insurance
- Items of a personal nature

## Expedition Cost:

- **\$2495.00** CAD per person
- Expedition open to: 12 participants

## Reservations and Payments:

Payments can be made by credit card through

**Pay Pal at [www.panterra.com](http://www.panterra.com).**

or by money order and mailed to:

**Panterra**

**306 - 40 Parkridge View SE**

**Calgary, Alberta , Canada T2J 7G6**

**Deposit** - In order to reserve a space on the expedition a \$495.00 deposit is required

**2nd payment** - of \$1000.00 is due by Oct.1, 2011

**Final payment** - of \$1000.00 is due by Jan.1, 2012

## Cancellation and Refund Policy:

If you must cancel your trip the refund policy is as follows:

Prior to 30 days, if a replacement reservation is found a full refund less \$150.00 administrative fee. If a replacement reservation is not found the full amount paid is retained.

30 days or less, the trip fee is non-refundable. **Panterra** is not responsible for any additional costs that may arise from a trip alteration or delay, caused by circumstances beyond our control.

## Medical Forms and Liability Release:

Each participant is required to complete the "Participant Information Form" which covers medical information and release of liability. This form must be submitted with the initial deposit. The form can be obtained from the Panterra website [www.panterra.com](http://www.panterra.com). Go to "Our Expeditions", then click on "Adult/Family Expeditions", scroll down the page and click on "Participant Information Form".

## Participant Responsibilities:

Although no experience is required on our trips, as with any adventure there is always an element of risk. We ask that you welcome adventure with an open mind and be able to have fun and embrace the unexpected. We are dedicated to providing safe, environmentally sensitive and well organized trips.

While our trips are not considered to be strenuous or physically demanding and we do not require a high level of fitness, good general physical condition is necessary. We do not require any previous experience, however it may be beneficial in some situations that may arise. If you have any physical limitations or concerns, please contact us.



This is what is known as a "whale rainbow".



With love from the gang of 2011!

**For more information on the expedition please contact:**

Christine Hayes at [christineamala@truth-talk.com](mailto:christineamala@truth-talk.com) [www.truth-talk.com](http://www.truth-talk.com)  
or Lela Sankeralli at [lela@panterra.com](mailto:lela@panterra.com) [www.panterra.com](http://www.panterra.com) 1 -800-665-6639